

Inauguration of New Academic Year, 2019-2020

Every new day is a good opportunity to start afresh, leaving behind failures and prejudices. On May 13th we had the opening of the fifth academic year of SFS Silapathar in the presence of Fr. Emmanuel as the chief guest. In his lively speech he exhorted the students to cultivate healthy habits. "The first day is always marked with full of energy, enthusiasm and hope" and he urged the students to achieve academic excellence.

Fr. John Barman was the resource person who laid the foundation of

inspiring motivation by organizing some interesting activities for the young budding stars of SFS school silapathar. Before the start of the program, the chief guest, the principal, the teachers



together with the school captain lighted the lamp to mark the inauguration of the new academic year 2019.

Thus, we are guided by the light of enlightenment which helps us to empower the students to do the best and to transform themselves into good and responsible citizens of the country.

Initiation Day



Initiation day is a rite of passage marking or acceptance into a group or society. It could be a formal admission to any students to function as productive, ethical and responsible citizens. educational institution.

Our initiation day for LKG students was held on 22 April 2019. the help of the teachers. Parents of the children brought gifts as a sign of thanksgiving to God for the uncountable blessings.

Principal's Message



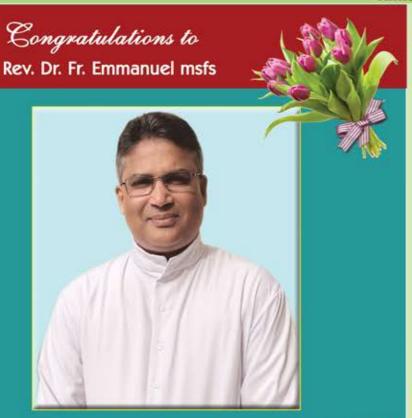
As we publish the fourth edition of our school Annual news letter we have less than a month for the completion of academic year 2019-20. The school year is so swift that just I cannot believe we are already at the mid of March. Yet I can proudly say we have done well for the past one year. St. Francis De Sales School is going to complete its fifth year of its establishment very soon. Though just five years of age we try to enhance a tradition steeped into the minds and hearts of students where they really learn to respect their teachers, friends and have a reverential owe as they step into the school campus. Our school has a group of dedicated teachers who are committed to working together in teams with a focus on providing a learning environment that has high expectations, developing the full potential of each child, and insisting on continuous improvement for all students.

The school has a Strategic Plan focusing on students acquiring effective literacy skills, and develop a sound understanding of Maths Skills and concepts. Students are supported through reading intervention, class and homework. There are many other extracurricular activities organised in the school like school choir, abacus, calligraphy, Taekwondo, music class, spelling bee, drawing competitions, science exhibition, Talent Hunt, sports games and cultural competitions. It is my pleasure to announce that coming academic year we are planning to start a well equipped Science laboratory for our children, which will enhance their curiosity in the field of science and experiments.

The role of parents in education is not limited to home alone. Parental encouragement plays a crucial role in successful students. A child's learning scale is highly related to how they are treated at home. Parents and their help are indispensible for the students to continue their education in the best way. It is also noticed that without the support and collaboration of parents and guardians a school cannot function well. Our school is functioning well and the credit goes to the parents. I thank all the parents for your valuable suggestions and opinions which are at time an eye opener to me. By the whole hearted collaboration of the parents we are able to provide a challenging educational programme for all students within a safe, nurturing environment, which will enable

Trace is the annual news letter of our school where in which we have a gallery of photographs and write-ups of various activities and On this day the principal of our school Rev. Fr. Thomas Arackel events such as literary, cultural and sport activities which are part of SFS together with Fr. Peter blessed each child and offered them to students' make up. My sincere thanks to Sir Sudheesh, Sir Ribor and Miss God. Children were asked to write the fist letter on the grains with Dipika for the painstaking work they have done for the annual newsletter 2019-20.

> Fr. Thomas Arackel MSFS Principal SFS School, Silapathar.



Rev. Dr. Fr. Emmanuel Mappilaparambil MSFS is the first Provincial superior of newly erected Dibrugrah Province of MSFS North East India. Fr. Emmanuel was the regional superior of the Dibrugarh region for last three years. Fr. Emmanuel resumed his office as provincial on 24th January 2020. He is a doctor in theology and taught many years at Oriens Theological College Shillong. We the SFS School management, staff and students wish him all the best and pray for him that God will accomplish many good things through the instrumentality of Fr. Emmanuel.

'The Trace' news and views of 2018-19 released



The Third Edition of Annual news letter was brought out on 8th March 2019. Sir Bibin Thomas and Sir Sonu Sunny formed the board of editors giving a beautiful glimpse into the events and programs during the academic year 2018-19. Fr. Thomas Arackel MSFS handed over the first copy to the Headmistress Sr. Regina Bosco and formally released the News letter.

Principal's Day



Principal's day is celebrated every year in every school. Our school celebrates it on the 3rd of May being the birth day of the school principal Fr. Thomas Arackel.

Under the initiative of Sister Regina Bosco, the school Headmistress, all the children were actively involved for the celebration and the program was put up at Donbosco auditorium. Many children came forward to show their love and gratitude to Fr. Principal. Different programmes were staged from each class and made the day a very colourful one.

Independence Day

Our Freedom **Fighters** struggled for our country to make us free. Furthermore, they were the ones who sacrificed their lives for our country. It is on this day that every individual of the country pays tribute to them. We celebrated India's 73rd Independence Day with much pride and reverence. With the unfurling of the tricolour and singing the National Anthem; our hearts were filled with gratitude for our motherland. Fr. Francis Poovelil was the chief guest of the day. On this auspicious day, our blooming buds of SFS were ready to introduce our new bands in the school and gave more colour to the day. The presence of parents, teachers and students made all the programmes of the day a great experience in remembrance of our Independence





Teacher's Day Celebration

"A good teacher is similar to a candle that consumes itself to light up others path".

Teachers are best known for the role of educating the students that are placed in their care. Beyond that, teachers play many other roles in the classroom. Teachers set the tone of their classrooms, build a warm environment, mentor and nurture students, being role models, they are very keen in helping them in all their activities. SFS School, Silapathar has celebrated teachers day on 5th September 2019 with a number of colourful programmes. On this day, teachers were honoured by the management and students with their wonderful performances. The day made the teachers very happy and were reminded of their great responsibilities to build up the children to be good citizens of our country. On this day a throw ball competition was conducted as an entertainment.

Science Exhibition



'Tell me and I forget. Teach me and I remember. Involve me and I learn.' -Benjamin Franklin.

With the aim of promoting scientific acumen we equip the learners with 21st century learning skills like – critical thinking, communication, collaboration and creativity. There was a Science Model Making Competition organized at Silli Frontier High School, Silapathar for the students of classes 6 to 10. Students worked in groups and demonstrated their item in front of judges. Two of our students took part and Miss. Krisha Nath and Miss. Jisha Konwar of class VI-B won the first prize for the JCB Model making in the Block level. And these students went to participate in the district level science exhibition at Junior Science College, Silapathar. And we are proud that Miss. Jisha and Miss. Lucky Chutia bagged the second prize in the district level too. They also participated in the state level competition which was conducted in Guwahati. We are very proud and delighted to see many students having a scientific bend of minds full of creativity & curiosity.

Training & Workshop for Teachers



"Those who educate children well are more to be honoured than those who produce them; for these only gave them life, those the art of living well." - Aristotle

It is an undisputed fact that great teachers help to create great students. It shows that an inspiring and informed teacher is the most important school-related factor in influencing students' achievement. Hence, training and supporting teachers is a mandatory process in the school. So SFS school has conducted two days workshop programme for the teachers in the month of July. The two days of teachers training in various dynamics was animated by the training consultant of IIT Guwahati and Managing Director of Indian Skills Academy Dr. Anjan Chowdhury. The interactive as well as activity oriented workshop equipped the teachers to understand the psychological and physical maturity of each student sitting in front of a teacher, in the best way possible.

Children's Day Celebration



Children's day was celebrated with full fervor at our school on 14th of November. This day is also the birthday of Pt. Jawaharlal Nehru, the first Prime Minister of India. He was known for his relentless effort to increase awareness of the rights, care and education of children. On this day the Teachers organized a memorable day for the students with music, dance and some fun filled activities. The dance performance ended with students taking part along with their teachers as a mark of celebrating childhood on this special occasion. Teachers also had a friendly cricket match with the students of class 6 and 7. Students were elated to see their teachers on stage performing defferent items with zeal and enthusiasm.



World Environment Day



"It is time to act decisively. My message to governments is clear: tax pollution; end fossil fuel subsidies; and stop building new coal plants. We need a green economy not a grey economy." — UN Secretary-General, António Guterres

Our school observed World Environment Day on 5th June by playing the audio message of 2019 given by Secretary-General, António Guterres in United Nation. In the morning assembly students delivered speech on the topic of world environment day and air pollution. Every year we are observing the day with a lot of attention and enthusiasm to protect our environment through students and making them aware of their great responsibility as future generation to protect our earth.

Teacher's & Student's Olympiad



There was an Inter SFS school Olympiad/Talent hunt Examination conducted for all the 40 schools run by the MSFS fathers in the North-East India Province. The exams were conducted for both the teachers & students of SFS schools. All the teachers of SFS School participated in it along with 35 students. Among the teachers Miss Jolinta obtained first prize for the subject of Social Studies, Miss Arundhati got the second position for Hindi and Miss Papori got the third position for Assamese in the Inter-School Olympiad Examination.

The much awaited annual sports competitions of SFS Silapathar were started on 8th February 2020. The event commenced with the spectacular, impressive and well synchronized March past by all the four

SFS Library- A new initiative



"The only thing you absolutely have to know is the location of the library" said Albert Einstein. Starting of a new library is yet another novel move towards facilitating education for our new generation. To enrich the knowledge and experience of reading a well-established library with more than 2000 books are preparing our children to discover a new world of knowledge.

maximum points and took away the Best house trophy. The Green house and Red house finished the games as second and third respectively. The school playground rimmed with flags reverberating with the sound of cheers made everyone's day. The sports and games competition came to an end on 11th February 2020 with the vote of thanks proposed by the school captain. Miss. Himashree Chutia.

Clean Campus Hour

Cleanliness is a habit not related to the wealth of a person, rather it is a habit which depicts the qualities of a person is enriched with. Home is our first school and we should be learning cleanliness from the root of a kid's growth. It is necessary to keep ourselves clean to avoid any type of disease affecting us and it will help us to be fresh and active all day. Keeping ourselves clean is the first step towards cleanliness. To make the children aware of such a necessary quality of life, our students have a Clean Campus Hour every day to inculcate the habit of cleaning their surroundings by cleaning their second home.

Pre Christmas Celebration



Christmas, a day honouring the birth of Jesus, We celebrated the day as pre Christmas celebration with a lot of joy and happiness to share the belief of birth of Jesus Christ. Students have narrated the story of birth of Jesus Christ through a small drama, colourful dance performance and carrol songs which brought out more joy and happiness among students and teachers.

Annual Sports & Games



The much awaited annual sports competitions of SFS Silapathar spectacular, impressive and well synchronized March past by all the four houses, which was judged by the teachers of Don Bosco High School Silapathar. The torch lighting was done by Master Debraj and Miss Mayuri who were the individual champions of previous year, followed by the oath being administered by the house captains. Students were divided into four groups and the activities were conducted. It was delighted to see the excitement with which the students of classes 1 to 7 challenged themselves to attempt variety of competitions such as long jump, high jump, cricket, kabaddi, throwball, obstacle race, musical chair etc. It was a day filled with fervor and exhilaration, amidst thrills and cheers. The children sprayed on the field, a riot of hues vibrance and radiance, involving mass students. And the Blue house won the best march past. The Yellow house led by Sir Sudheesh and Miss Jolinta, commanded by Master Khanindra and Miss Indira received maximum points and took away the Best house trophy. The Green house and Red house finished the games as second and third respectively. The the school captain, Miss. Himashree Chutia.

Parent's Day Celebration



The parents make a family, which forms the fundamental concept and the first institution of love for a child. They take up numerous pains in forming the child. Such a selfless service rendered throughout their life for child deserves some importance. So, keeping this in mind our school celebrates Parents Day in every two years. This year on 17th January' 2020 a very good program was put up by our students for the Parents Day Celebration. The event was attended by the parents of children of classes LKG to class 7. Fr. Emmanuel Mappilaparambil, the Provincial of Dibrugarh Province and the President of our SFS school Silapathar was the Chief Guest and Fr. George Thomas the provincial counsellor in charge of Education North East province and the Principal of SFS school Narengi, Guwahati was the guest of honor and Mrs. Bimala Basumatary, Supervisor in integrated child development project, Sissiborgaon was the parent's representative for the function. The little angels of SFS dressed in white, began the program with the prayer dance



by thanking God for giving a good family and for His blessings. On behalf of their participation the students of various classes showed their talents and love on stage by performing a number of programs including various dances, drama, singing, short film and many more. The program was well begun and it came to an end with the vote of thanks proposed by our Headmistress Sr. Regina. It was the team effort of all the members of the school fraternity that made the day more special and real. Everyone enjoyed it to the full. All departed with a smile on their face and with a big 'thank you' on their lips.



School Band - A new initiative



A school band is a group of student musicians who rehearse and perform instrumental music together. SFS School has introduced a new band team with 27 members under the guidance of a well-experienced bandmaster Mr. O.K. Raghavan. During July vacation our children were taken their entire effort for thorough practice and learning for the school band. On independence day they displayed and demonstrated a beautiful performance with full of energy and enthusiasm. This was a marvelous sight in the eyes of everyone.

Morning Vocal Exercise



Reading aloud builds many important foundational skills, introduces vocabulary, provides a model of fluent and expressive pronunciation and helps children to recognize what reading for pleasure is all about. Our school is promoting loud reading every morning before the assembly that helps the students to cultivate internal listening skills, and teachers also help the students make their accent good which in turn assists them in discovering their clarity in voice.

Reading Corners - A new initiative



Reading is one of the most fundamental skills children need to learn. Not only to do well but also reading skills benefit students academically and it is a skill required for lifelong success. Reading develops vocabulary, increases attention span, and promotes stronger analytical thinking to develop the knowledge of our children beyond the classroom, textbooks and library books. SFS school is providing reading corners inside our school building. Wide variety of magazines, journals and daily English newspapers help our children to be aware of what is going around them by reading these materials during their recess time.







































Best performers of the year 2019-20



Kangkan Pratim Missong Class -I (A)



Debolina Doley Class -I (B)



Arindom Borpatragohain Class -II (A)



Shantonu Pegu Class -II (B)



Tanushrika Das Class -III (A)



Jarbom Taye Class -III (B)



Jeeya Deka Chutia Class -IV (A)



Srishti Kuli Class -IV (B)



Bhumika Taye Class -V (A)



Dimpi Saha Class -V (B)



Garima Boruah Class -VI (A)



Ayush Chetry Class -VI (B)



Kasturi Boruah Class -VII (A)



Himashree Chutia Class -VII (B)

Photo Gallery



Inauguration of Academic Year 2019-20



Teacher's Day



Children's Day



Pre-Christmas Celebration















DON'T STOP

Bijit Chetry (Teacher)

We reach a point in life, where you and I neither can go left nor right. Obviously turning back does not present as an option 'right'.

Let us imagine you are walking on a path called life. As you walk the path, following you gets destroyed.

Then comes the point your life presents you with couple of choices. To your left you have everything that is not right and to your right you have nothing but a very deep ditch. So what's your choice will you keep standing there forever?

You can choose when and when not to be stopped... choose to be stopped after you die...when your work is done and done well.

DON'T STOP AND KEEP WALKING



BIG DAM AND ITS IMPACT ON BIODIVERSITY Miss Rumi Pait (Teache)

Miss Rumi Pait (Teacher)

Dams are constructed for human benefits. It is very important in our life. Dams are used for producing hydroelectricity, these are also used for proper utilization of water, irrigation and now-a –days even used for fisheries. Although they have proved very useful for human race, but in some ways it is believed to disturb the balance in ecosystem and also the biodiversity in nature.

Big river dams can have a serious impact on both animal and plant biodiversity. There are a number of different migratory patterns of river - dwelling species. These include the well known anandromous fishes e.g. salman, hilsa and catadronous fishes such as Eels. Dams block these migrations to verying degrees. The blockage of fish movement to upstream can have a very significant and negative impact on fish biodiversity. More than 200 stocks of anandromous, Pacific salmonids have become extinct. Hydroelectricity dams in the Amazon basin have halted the long distance upstream migration of several species of catfishes and interrupted the downstream migration of their larvae. On the Araguain-Yacantia River basin, Brazil, several species of migrating catfish have been drastically reduced in abundance as a result of big dams. To reduce the negative impact of these big river dams and to conserve the biodiversity, very strict actions should be taken. High priority should be given to the recovery of degraded ecosystems. Essential ecological processes should be conserved. Areas of high biodiversity should be avoided and hotspots of species at risk should be avoided.

Thus we have come across some negative impacts of big river dams in biodiversity. If strict steps are not taken to conserve the biodiversity it will hinder the balance in ecosystem and ultimately our lifestyle. The flora and fauna around us are equally important to us as they contribute to the most important part of ecosystem. So, causing damage in their habitat will bring problems in our day to day life also.



BUILD LIFE NOT A RESUME

Miss. Affiginia .C .Dkha (Teacher)

Once a university professor started off his class by taking a 20 pounds note from his back pocket and asked, "How many of you would like to have this note ".all hands went up. Then he said, before giving you this note let me ask you one question: then he took the note folded in half twice and said, "how many of you would want this note ".All hands went up again. Finally he chucked the note on the floor, screwed it with his shoes and crumpled it even more, he picked the note and said, now how many of you want this note. To his utter surprise all hands went up. So, he said to his students, no matter how much I crumpled that note, I screwed it with my shoes You still wanted it because it is worth 20 pounds. So, also no matter how life treads on you, crumple you, you will always keep your value.

In 2009, there was a software engineer of experience in yahoo, but was rejected by face book and twitter, went to a great university had a great CV, but decided to team up with one of his alumni members of yahoo and started creating an app. In five years he sold that app for \$ 19 billion to facebook .Believe it or not, that was Adam brains the co-Founder of whatsapp.

A lady who was diagnosed with clinical depression, had a marriage failure, was jobless with a dependent child. One day she had a four hour delayed train journey from Manchester to London. Then she came up with this idea to start writing. When she finished the manuscripts took it to 12 publishers, but being rejected by all 12. Believe it or not that was J.K. Rowling, the most famous writer.

Therefore, we learn that failure is just a sign that need to widen our scope and need to be ready and build ourselves for the next level. What we achieved is far much greater than what we envisioned for ourselves. Failures are only failures when we don't learn from them, because, when we learn they become lessons for life. And as Steve Jobs said, "you can't connect the dots moving forward; but you can only connect them looking backwards". So, you have to trust that the dots will somehow connect in your future.



THE LITTLE VISITORS

Miss Roshni Chetry (Teacher)

As the sun was setting over the bank of river 'RANGA'. In Satajan dozens of little visitors shuffled about lazily on the edge of the river. The wind fluffing their feathers.

Few months earlier, some birds had made an epic journey to get there flying all the way from several countries. These birds include Spot billed duck, White eyed pochard, Common teal, Gadwall, Darter or snake bird.

Satajan wetland which is located on the bank of Raganadi, is known for the presence of the migratory & residential birds in winter. But the quantity of birds visiting this wetland is decreasing year by year due to continuous picnic parties, Sand mining, litering and daily movements of trains. The famed sanctuary of migratory birds is facing extinction.

SAVIOURS OF SATAJAN

Baliram Gogoi also known as the 'Birdman' of Lakhmipur was the lone ranger of Satajan wetland from every threat from human encroachment to pollution and poaching activities.

Baliram Gogoi's death led the wetland very vulnerable in recent times with reduced presence of migratory birds.

But again the native villagers have joined their hands together to keep the wetland safe for migratory birds. Jigyas Boruah and Deepak Baruwati the two youngsters along with the villagers are creating awareness among the peoples and started ranging the area, cleaning and keeping eye on poachers.





BEING A BETTER STUDENT

Chandan Taye (Teacher)

Only studying is not enough to become excellent in school. Attitude towards what you are doing affects your performance as well. Every student can do better or even the best, if they practice a healthy routine that would lead towards success.

Always expect the best in all possible way. You may encounter circumstances that would test your patience and capabilities. When you encounter problems, be courageous to face and solve problems. Do not stay thinking at your problem, move forward to resolve it. Just consider it as a challenge and opportunity to make you a better student.

You should not be shy to stand up and speak in front of a large class, be confident with yourself. Which is not only needed at school but don not hesitate to share your ideas.

You cannot survive without having a companion, Choose your friend at school, Be with a group who can help you. Making friends with the right people is another way to enjoy your study. Avoid looking at your watch during classes, this is not only an insult to your teacher, but it could also distract you. Give full attention to the teacher talking in front and listen attentively. To be a good student, you must acquire and enhance your listening skills. The moment you enter and walk through the gate, be sure of what you want to achieve. Your goals will keep you going and keep you motivated. If you are having a hard time with a particular subject, Do some reading, Also read the topic that you think will be discussed in the following days. Never miss a lesson, because it would create a gap between the concept you learn yesterday from today. Do not just stay inside your classroom, be involved in some extracurricular activities. Being at school does not mean only reading, try to do the same with the non academic activities in school. This will also help you increase your social capability.

Reading is the best way to educate yourself, and do not just read, try to understand the thing you are reading.

When there is an unclear statement, do not be shy to raise your hand and ask. There is no harm in asking. Clarify the things so that you can understand the topic well. Asking questions shows that you are listening and paying attention in the classroom.

Take good care of your health as "Health is wealth ", and it's true.

Know how to manage your time, balance it and use it wisely. It is important to take down notes while you are listening to your teacher. It is not necessary that you will write all the words you see on the board. Just mark down the important points, so that you can review some of them in case you forget. Think of your parent's sacrifices. Repay them by giving them good grades at the end of the exam. Excellent students are good children of their parents. Your capabilities as a human being is not enough, You will always need someone higher than you to help you achieve your aspirations in life. His or her guidance would serve weapon in the battle of your life. Do not forget to thank and praise him or her with every opportunity they given you. In the future, you will end up finding a job to sustain yourself or your family. Whatever you do at school can be a reflection of what you are as an employee someday.

There is no harm in doing something that would direct you to be good, Or better or even the best student. Leave the bad habits and start being a responsible student and person you can be.

"BE WHAT YOU ARE AND BE AT YOUR BEST" "DO YOUR BEST AND GOD WILL DO THE REST"



Garima Boruah Class - VI (A)





SMART USES OF SOCIAL NETWORKING

Miss Dipika Dahal (Teacher)

Nowadays, social networking helps people in getting connected with one another. It is popularly known as an internet based online platform, which people use to stay connected for various purposes. We can enhance our knowledge and skills by viewing the ideas, art, etc., shared on social networking sites. The whole world is now connected with social networking sites, which has both negative and positive sides. These days most teens use some form of social media and have a profile on social networking site or SNS in short. Many visit these sites every day. There are plenty of good things about social media but also many risks and things children's and teens should avoid. They don't always make good choices when they post something to a site, and this can lead to problems. So it's the duty of parents to talk with their kids about how to use social media wisely. Undoubtedly there are many positive effects of social media that helps kids —

- ★ To stay connected with friends & family,
- Enhance their creativity by sharing ideas, music and art,
- Meet and interact with others who share similar interests,
- ★ Communicate with educators and fellow students etc.

Likewise, the flipside is that social media can be a hub for things like cyber bullying and questionable activities. This can make them easy targets for others who might mean them harm.

- ★ Posting an inappropriate photo
- Sending a mean spirited text, even as a joke can be hurtful to someone else and can damage a reputation and cause problems years later.
- * Spending too much time on social media can be a downer too.

So, it's a high time urge for the parents to be aware of what your kids do online. The key is to stay involved in a way that makes your kids understand that you respect their privacy but want to make sure they're safe. Some of the ways through which parents can teach their kids to be smart about social media are —

- Parents should make it clear that they expect their kids to treat others with respect and to never post hurtful or embarrassing messages.
- Reminding kids that what they post can be used against them.
- ★ Parents also can help to keep kids grounded in the real world by putting limits on media use.
- ★ By keeping computers in public areas in the house, avoiding laptops and smartphones in bedrooms and setting some rules on the use of technology (such as no devices at the dinner table) can also be helpful.

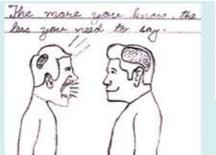
Therefore, in a techno centric world of media, setting good examples through our own virtual behavior can also go a long way toward helping the kids and the young generations around us.



OUR SCHOOL ENVIRONMENT Nishita Saha [Class -VII (B)]

A school environment is broadly characterized by its facilities, classrooms, school-based health supports, and disciplinary policies and practices. It sets the stage for the external factors that affect students.

A positive school environment is defined as a school having appropriate facilities, well-managed classrooms, available school-based health supports, a clear and fair disciplinary policy. There are many hallmarks



of the academic, disciplinary, and physical environments of schools with a positive climate. SFS school has a positive environment and I am very happy to be in this school.



Piyush Kumar Gupta Class- VII (A)





WOMAN

Sr. Regina Bosco Reddy (Headmistress)

When God created woman he was working late on the sixth day. An Angle came by and asked "Why spend so much time on her". The Lord answered "Have you seen all the specifications i have to meet to shape her"?

She must function all kinds of situations

She must be able to embrace several kinds at the same time.

Have a hug that can heal anything from a bruised knee to a broken heart.

She must do all these with only two hands.

She cures herself when sick and can work 18 hours a day.

The Angel was impressed just two hands ... impossible !. And this is the standard model" ?. The Angel came closer and touched the woman "But you have made her so soft, Lord". She is soft," said the Lord.

"But i have made her strong. You cant imagine what she can endure and overcome". "Can she think?". The Angel asked . the Lord answered "Not only can she think, she can reason and negotiate ." The Angel touched her cheeks. "Lord, it seems this creation is leaking, you have put too many burdens on her". "She is not leaking.... it is a tear". The Lord corrected the Angel . "What is for?" asked the Angel the Lord said "tears are her way of expressing her grief, her doubts, her love, her loneliness, her suffering and her pride.

This made a big impression on the Angel , Lord you are a genius . you thought of everything . a woman is indeed marvellous". Lord said " indeed she is .

She has strength that arranges a man.

She can handle trouble and carry heavy burdens.

She holds happiness, love and opinions.

She smiles when she feels like screaming .

She sings when she feels like crying, cries when happy and laughs when afraid.

She fights for what she believes in..

Her love is unconditional.

Her heart is broken when a next-of-kin or a friend dies but she finds strength to get on with life ".

The Angel asked : so she is a perfect being?

The Lord replied : no, she has just one drawback. She and others forget what she is worth.



AMAZING FACTS ABOUT INDIA

Kasturi Baruah [Class - VII (A)]

- ★ India has the most post offices than any other country (over 100,000)
- India is the world's largest, oldest, continuous civilization and also the world's largest democracy.
- India never invaded any country in her last 1000 years of history.
- ★ About 50% of the residents in India are under 25 years of age.
- ★ India is the largest English speaking nation in the world.
- The celebrated game of Chess (Shatranja or Ashtapada) was invented in India.
- India has the second largest number of scientists and engineers in the world.
- State Bank of India has the maximum number of branches in the world.
- ★ India is at second place in First of Billionaire.
- India was richest country before 18th century until British looted India.



MOMENT IN THE MOUNTAINS

Nikhil Ranjan Musahary [Class - VII (B)]

Mountain is a gift of nature
Which is created by God
I have experienced it once
The trees, plant and its scenic beauty
In mountains with my three friends,
I went to see mountain from inside.

Here I realized that mountain Is a beautiful place for me in a sunny day Then I see lakes fishes and Different types of animals and Birds inside the mountain There was only lake flowing, The fishes swam at the lake And I saw different types of plants, trees They were blooming beautifully in the mountains And its beautiful flowers I saw these things for the first time It was quite and a silent place There was no sound except Sound of flowing lakes, blowing of breeze Sound of Leaves and different birds. How wonderful place is this I will try to visit it once again in the future It was a nice experience for me In my whole life.



ONLY A LITERATE OR EDUCATED

Lisha Tayeng [Class - VII (B)]

Throwing wrappers, cartoons out of the Window of your very costly car, On roads of city town or village.
What are you? An educated or only a literate?

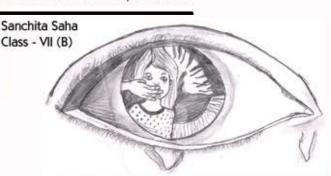
You are a bachelor of arts, science or May be masters of them. It's not written on your forehead or you You are not carrying banner in your hand. Your actions are telling everything to all,

You love your country, how can you show?
By wearing the uniform and carrying a gun?
By watching the borders every minute and moment?
But that's not only the duty.
Everyone needs to do honestly.
Anything we can do for the country.

Love brotherhood, selfless services.

Only three things taught by all,
Who were not Literate but Educated.
Breaking the rules, shrieking your duty
Talking selfish, behaving rude
What are you? An Educated or only a Literate.







RIDDLES

Ahan Pande [Class - V (B)]

 Imagine you are in a room, water is filling and there is no way to escape. what will you do?

Ans : Stop imagining

2. What two things you can never eat at breakfast?

Ans: Lunch and dinner.

3. You will buy me to eat but never eat me.

Ans: Plate

4. You can serve it but never eat it.

Ans: A tennis ball and shuttlecock

Which five letters word becomes shorter when you add two letters to it.

Ans: Short.

6. What gets wetter when it dries?

Ans: A towel

7. How many letters are there in the English alphabet?.

Ans: 3 in The, 7 in English and 8 in Alphabet.

8. Three men in a boat, boat overturned, but only two got their hairs wet, why?

Ans: One was bald.

9. What kind of tree can you carry in your hand?

Ans: Palm

10. What goes up never comes down?

Ans: Age and height



আমাৰ পৰিৱেশ

Krish Buragohain [Class - VII (B)]

আৰম্ভণি ঃ পৰিবেশ বুলি কলে সাধাৰণতে আমাৰ চাৰিওফালৰ বায়ু, পানী, মাটি আদিৰ অৱস্থাটোকে বুজায়। পৰিৱেশে মাটি, পানী, বায়ু আদিৰ উপৰিও গছ-গছনি, চৰাই-চিৰিকটি, জীৱ-জন্তু আদিৰ ওপৰতো প্ৰভাৱ পেলায়। প্ৰাকৃতিক ভাৰসাম্য ৰক্ষাৰ বাবে পৰিৱেশ অনুকূল হৈ থাকে আৰু প্ৰকৃতিয়ে ভাৰসাম হেৰুৱালে পৰিৱেশ প্ৰতিকৃল হৈ পৰে।

প্রদূষণ কিঃ আমাৰ পৰিৱেশৰ বায়ু, পানী, মাটি আদি প্রয়োজনীয় উপাদান সমূহত অপ্রয়োজনীয় আৰু স্বাস্থ্যৰ ক্ষতিকাৰক উপাদান থাকিলে তেতিয়া পৰিৱেশ প্রদূষণ বুলি কোৱা হয়। যেনে — পানী প্রদূষণ, বায়ু প্রদূষণ, মাটি প্রদূষণ আৰু শব্দ প্রদূষণ। পানী প্রদূষণ ঃ নগৰ অঞ্চলৰ কল-কাৰখানা, নলা-নর্দমা আদিৰ আৱর্জনাই পানী প্রদূষণ কৰে। এনে পানী খোৱাৰ বাবে অনুপ্রোগী।ই স্বাস্থ্যৰ বাবে ক্ষতিকাৰক হৈ পৰে আৰু ইয়াৰ লগতে নানান ৰোগে দেখা দিয়ে। প্রদূষিত পানীত বহুতো জীৱ-জন্তু, মাছ-কাছ আদিৰ মৃত্যু হয়।

মাটি প্ৰদূষণ ঃ কল-কাৰখানা, প্লান্তিক আদিৰ আৱৰ্জনাই মাটিৰ উৰ্বৰতা নম্ভ কৰে। আজি কালি শস্যৰ অধিক উৎপাদনৰ বাবে ৰাসায়নিক সাৰ প্ৰয়োগ কৰা হয়, ফলত মাটিৰ উৰ্বৰতা শক্তি কমি আহে আৰু লগতে মাটিৰ প্ৰদূষণ হয়।

শব্দ পদৃষণ ঃ নগৰ বা চহৰ অঞ্চলৰ কেতবোৰ প্ৰদূষণৰ ভিতৰত অন্যতম প্ৰদূষণ হ'ল শব্দ প্ৰদূষণ। নগৰত গাড়ী-মটৰ, উদ্যোগ, উৰাজাহাজ, লাউড স্পিকাৰ আদিয়ে শব্দ প্ৰদূষণ কৰে। ইয়াৰ ফলত বহুতো লোকৰ কাণৰ বেমাৰৰ লগতে আন কিছুমান বেমাৰতো ভূগিবলগীয়া হয়।

সামৰণি ঃ আজি বিজ্ঞানৰ সফলতাৰ বাবে মানৱ জাতিয়ে বিলাসী জীৱন যাপন কৰাত সহায়ক হৈছে। প্ৰত্যেক জন ব্যক্তিয়ে পৰিৱেশৰ দিশত সজাগ হোৱা উচিত। আমাৰ পৰিৱেশ আমিয়ে ই সংৰক্ষণ কৰিব লাগিব। নহ'লে ভৱিষ্যতে আমাৰ জীৱন বিপন্ন হোৱাৰ পথত। গতিকে পৰিৱেশৰ সজাগতা ৰাখিবৰ বাবে ৫ জুন তাৰিখে বিশ্ব পৰিৱেশ দিৱস ৰূপে পালন কৰা হয়। চৰ অঞ্চলৰ লগতে আমি সাধাৰণ ব্যক্তিৰ সচেতনতাই পৰিৱেশৰ প্ৰদূষণ হ্ৰাস কৰিব পাৰো। আৰু ই খুবেই প্ৰয়োজনীয়।



WHAT MAKES A GOOD STUDENT

Saniya Porja [Class - VI (B)]

A good student should be hardworking since it is hard to get good results and academic success without training and effort. It is hard to earn knowledge and those who are not willing enough to face academic challenges and do not have passion for working hard will never achieve their goals and succeed in their lives.

A good student should also be active in the community. He should be appreciated not only by his academic success but also by his social activities as well. A good person is usually measure not only by what he is doing well for himself but also by what he is contributing for his community.

A good student should also be communicative. He should have good communicating skills and by being active in society, this widens his chance to make friends with everyone around him and to make his school life more fun filled and increase his confidence.

A good student should also be well prepared for the future. As much as students are taught to have ambitions and high dreams this cannot come true if they do not know how to turn their dreams into reality. Students should be practical and realistic as life is not always fair with everyone and every step to success takes time and patience.



बचपन

Krishna Chandak [Class - VII (A)]

ख्वावों का मैला था उमगों का घैरा था। वचपन भी ऐसी मोजी जहाँ सवकुछ मेरा था। पढ़ों, लिखो, खेलो भरपुर, मस्ती करो भागो दुर दुर।

मासुमियत थी भरी प्रेम के गुब्बारे थे,
लोगो से ना थी दुश्मनी न था मन में भेदभाव
ना देखते थे जातपात, धर्म
सबसे करते थे दोस्ती सबसे था प्यार।
नहीं था मन में लालच ना था पैसो का रोव
वह थे क्या दिन आज भी करता हुँ याद,
बचपन बचपन आजा वापस
मागँता हुँ में आज फिर भगवान से
लोटा दे मेरा बचपन आज।।



हंसी के रंग

Pradipta Borah [Class - VII (B]

दुर से देखा तो मुमफली था। दुर से देखा तो मुमफली था पास आके देखा दो हमारा बाहुबली था।

जैसे April के बाद May आता है

पाँच के बाद छः आता है।

बैसे हर इंसान का भी Day आता है।

जैसे हर फल केला नही होता
हर कपडा मेला नही होता

बैसे ही हर दोस्त चेला नही होता जैसे हर Cola, coca होता है हर boundary चौका या छका होता है बैसे ही Talent दिखाने का भी

(Please show your talent when you get chance)

सही मौका होता है।





It is with immense pleasure that we present to you the fourth edition of the newsletter the trace of Saint Francis De Sales School, Silapathar for the session 2019-20. As you know it is a faithful record of all the work and play, trails and victories, and the sweat and snew of Saint Francis De Sales School in the last year. we chronicle it all because we are proud of the way our children grow each day and bring laurels to the school. in this newsletter, we would like to give the days and programmes successfully held for the development and growth of each child and the institution. It is brining opportunity to showcase the creativity and talents of both teachers and students.

Thanks to Sr.Regina Bosco Reddy head mistress, for the chronicle which you are updating with the events and prgrammmes timely. Thanks all the students and teachers those who have taken effort for all the events, programmes and creativity.